





November 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
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4	5	6	7	8	9	10
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11	12	13	14	15	16	17
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18	19	20	21	22	23	24
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25	26	27	28	29	30	
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December 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2	3	4	5	6	7	8
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9	10	11	12	13	14	15
●	●		◆	◆		
16	17	18	19	20	21	22
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23	24	25	26	27	28	29
30	31					

FOOD BANKS

What	When	Where	Contact	Cost	Notes
 Staples Bag @ Baulkham Hills	10:00am - 11:00am	Balcombe Heights Estate 92 Seven Hills Rd	9639 8620	\$20 Standard \$30 Family	
 Community Pantry @ Baulkham Hills	1:30pm - 2:30pm	Holy Trinity Anglican Church cnr Cook St and Windsor	0419 640 381	\$10	
 Community Pantry @ Granville	11:30am - 12:30pm	Granville Anglican Church 39 Jamieson Street	9637 1073	\$10	
 Karabi Food Bank @ Seven Hills	2:00pm - 2:30pm	Karabi Cottage 29 Aleta Way Seven Hills	9688 1084	\$24	Register and pay 1 week before
 Karabi Food Bank @ Constitution Hill	2:00pm - 2:30pm	Karabi Cottage 1 Lurgan Ave Constitution Hill	9631 7055	\$24	Register and pay 1 week before
 Foodcare @ Parramatta	6pm - 8pm Thu 10:30am - 1pm Fri	18 Barney St North Parramatta	9630 3892	\$0	Bring Centrelink card & photo ID
 Karabi Food Giveaway @ Constitution Hill	2:30pm - 3:30pm	Karabi Cottage 1 Lurgan Ave Constitution Hill	9631 7055	Gold coin	First in, best dressed
 Karabi Food Giveaway @ Seven Hills	11:00am - 12:00pm	Karabi Cottage 29 Aleta Way Seven Hills	9688 1084	Gold coin	First in, best dressed
 Karabi Food Giveaway @ Wentworthville	12:00pm - 1:00pm	Karabi Cottage cnr Fyall Ave & Darcy Rd Wentworthville	9631 6575	Gold coin	First in, best dressed

Note: The Restore (154 Best Road, Seven Hills ph: 9621 7334) does food parcels.

Last updated:

27/10/19