



NOTIFICATION: KARABI and the Coronavirus, 16th March 2020

There is a global outbreak of novel Coronavirus (9COVID-19) which is having a significant impact on Australia and how we provide services to our local community.

Karabi has endeavored to keep our services and programs running for as long as possible, taking precautions with our venues, equipment and with our staff to ensure that all programs and events are as safe as possible. However, as of the 17th march 2020 our programs to the young and elderly have been cancelled; only a small number of programs will be held in the coming week. There will also be a small number of social support shopping services provided for those most vulnerable, the elderly or disabled who are our current clients.

ALL Program Participants will be notified if their program, outing or service has been cancelled.

According to the Department of Health, using good hygiene will help in the prevention of spreading infection rates:

- wash your hands often with soap and water for a minimum of 20 seconds
- cover your mouth when coughing / sneezing
- avoid close contact with others, staying more than 1.5m from people
- if you have concerns that you have been in contact with someone with the virus then exercise self-isolation, and CALL your doctor about your concerns

All centres have posters outlining how to prevent the spread of the virus for everyone to follow.

The following Flu like symptoms could be of concern such as fever, sore throat, cough, runny nose, tiredness and difficulty breathing; as a precaution isolate yourself from others in your home or accommodation and seek medical advice. CALL your doctor or medical facility to discuss, before going to the doctor.

If you are show any of the above symptoms or believe you have been in contact with someone who has these symptoms the **DO NOT ATTEND** any of the programs or outings at **Karabi**. It is with regret that we will ask participants to leave if they appear to have any of the above symptoms for a period of no less than 14 days. Similarly, if you have been in contact with others or have the coronavirus and have attended a group or outing please notify Karabi as soon as possible so that we can take action to prevent the further spread of this illness.

Please only attend our centre facilities if you have NO SYMPTOMS or when you are CLEARED by medical professionals of all signs of this illness.

If you have any concerns about attending a group at our centres or receiving a service from our staff or volunteers please call 02 9631 6575.

If we all work together we may be able to prevent further spreading of this virus.

YOU CAN GET MORE INFORMATION from:

1. National Coronavirus Health Information Line 1800 020 080
2. Website: NSW HEALTH www.health.nw.gov.au/infectious/diseases/Pages/coronavirus.aspx

From the Management
Karabi Community & Development Services Inc.

SIMPLE STEPS TO HELP STOP THE SPREAD.

Cough or sneeze into your arm



Use a tissue



Bin the tissue



Wash your hands



HELP STOP THE SPREAD AND STAY HEALTHY

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

For more information about **Coronavirus (COVID-19)** visit **health.gov.au**



Australian Government

