

# Cumberland LGA Emergency Support

## Available During 2020 Christmas Period

CRISIS HOTLINES	
Lifeline	13 11 14
Mental Health Line	1800 011 511
Suicide Call-back Service	1300 659 467
1800RESPECT (National Sexual Assault, Domestic Family Violence Counselling Service)	1800 737 732
Domestic Violence Helpline NSW	1800 656 463
NSW Ageing & Disability Abuse Helpline	1800 628 221
Kids Helpline	1800 551 800
Health Direct	1800 022 222

HOMELESSNESS AND CRISIS ACCOMODATION	
Mission Australia	1800 269 672
Link2Home (NSW Crisis Accommodation)	1800 152 152

EMERGENCY SERVICES	
Police, Fire and Ambulance (emergencies)	Triple Zero (000)
Crime Stoppers (NSW)	1800 333 000
Police Assistance Line (Non – Emergency)	131 444
SES	13 25 00

FOOD RELIEF AND FINANCIAL AID			
Organisation Name	Contact Details	Operating Days	Services
Accessible Diversity Services Initiative Ltd	17 Macquarie Rd, Auburn (02) 8737 5500	Open during business hours excluding Public Holidays	Financial Crisis and Material Aid, support for children, young people and families
Astha	info@astha.org.au 0421 445 347	Available 9am-5pm	Provides food relief and grocery support for people experiences domestic and family violence or who are in crisis with less than \$1000 in savings Counselling support is also provided in collaboration with Sewa Australia.
Australian Afghan Association Hassanian Youth Association Inc	0421 567 397	Every day 9am - 5pm	Provides Care Packs including masks, gloves and groceries to be collected from Regents Park. Delivery possible with consideration of personal circumstances in Cumberland City LGA.
Multicultural Integration Community Services	4/95-97 Ware Street Fairfield (02) 8102 5345; 0402 561 305 admin@nakangovision.com.au	Mon to Fri 9:30am - 5:30 pm	General, Emergency Support Services, food support
Pathways Community	(02) 9636 7400	Open 29 to 31 Dec	Food Bank and food vouchers available for pick up in Pendle Hill. Phone appointments required
Stepping Stones (via Parramatta Baptist Church)	ken@parramattabaptist.com	12.15-1pm	Free lunch on Sundays at Prince Alfred Park, Parramatta
The Salvation Army Auburn	166-170 South Pde Auburn Ashish Pawar (02) 9646 3767	Tue, Wed & Fri 10-2pm	Food Hampers